

SAFETY ALERT

USARC SAFETY SENDS



MOTORCYCLE SAFETY



Motorcycle crashes remain one of the leading causes of off-duty Soldier fatalities, and nearly all are preventable. Whether you ride or share the road with riders, disciplined safety habits protect lives and preserve readiness. Every Soldier—on duty or off—plays a role in reducing risk through awareness, training, and responsible choices. Stay alert, stay skilled, and stay committed to protecting yourself and your battle buddies.

MOTORCYCLE SAFETY: 14 ESSENTIAL TIPS

Wear Full PPE: DOT-approved helmet, eye protection, full fingered gloves, long sleeves, long pants, and over-the-ankle shoes.

Complete Required Training: Army-approved motorcycle safety training is mandatory for all Soldier riders.

Ride Sober: Alcohol and drugs dramatically increase crash risk and reduce reaction time.

Be Visible: Use reflective gear or bright colored clothing, keep headlights on, and avoid blind spots.

Follow Speed Limits: Excessive speed is a top factor in fatal motorcycle crashes.

Maintain Your Bike: Use T-CLOCS checks: tires, controls, lights, oil, chassis, stands.

Use Defensive Riding: Assume other drivers may not see you and plan escape routes.

Avoid Fatigue: Tired riders have slower reactions and reduced hazard detection.

Check Weather: Rain, wind, and low visibility increase braking distance and instability.

Scan Intersections: Most motorcycle-vehicle collisions occur when cars turn left.

Give Riders Space: Other drivers should allow a full lane and extra following distance.

Look Twice for Bikes: Drivers should check mirrors and blind spots before turning or changing lanes.

Avoid Distractions: Phones and multitasking endanger riders and drivers alike.

Report Unsafe Conditions: Notify leadership of hazards, unsafe riding behavior, or training gaps.

Safe riding is a discipline that protects Soldiers, families, and the force. Your choices on the road reflect your commitment to readiness and responsibility.

Twice the Citizen. Combat Ready!

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